


Next Sunday *Seventeenth Sunday in Ordinary Time*
 Gn 18:20-32 Col 2:12-14 Lk 11:1-13



**ADORATION OF THE
BLESSED SACRAMENT**

**Friday mornings
8:30am to 9:00am**

“The Sin of Self-Pity”

Human suffering comes in many different forms. Some suffer from physical pain, for example migraine headaches, something my brother Paul has had since he was young. Others suffer from mental anguish and emotional stress. Still others suffer from poverty; so many have lost their jobs.

We could mention a number of things which cause suffering but there is one which seems to surpass the rest, self-pity. None suffers more than those who feel sorry for themselves. Martha is an example of this. She wants Jesus to tell Mary to help her. She obviously felt neglected, abused and misunderstood.

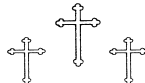
The first symptom of self-pity is complaining. Martha wanted Jesus to know that she was mistreated. Why should she do all the work while Mary just sits there doing nothing. Instead of complaining, she should have sought counseling. Complaining just makes the problem worse whereas counseling may make the problem more bearable or even get rid of the problem.

A second symptom of self-pity is criticism of others. Martha criticized Mary for being lazy. Martha wanted to impress Jesus with a seven course meal. Mary preferred to spend the time communicating with Jesus. One of the worst invitations I received was from an Italian woman I met in Denmark. She invited me to dinner. She spent all the time preparing a big meal. She left me with her husband for over two hours. He didn't speak English or Danish. I was completely bored. I would have preferred a sandwich and to have her in the living room to interpret for me and for the husband. I don't even remember what we finally ate. I was in a hurry to get home.

Consider the causes of self-pity. Martha didn't have to prepare a first class meal. Jesus just wanted something to eat and pleasant conversation. Some people complain because they have to do all the work preparing the food. Remember that there are many who don't even have enough food. Some complain about their job while others would just love to have a job. Many youth complain because they have to go to school. Many others in our world would welcome the possibility to get an education. Remember the old saying: "I complained because I had no shoes until I met someone who had no feet."

Finally consider the case. Martha could have learned from Mary. She should have sat down with Jesus. Look at the cross Jesus bore; remember His horrible death on it. If you meditate on this, your problems won't seem so bad and you won't have self-pity.


God love & bless you,
 Father Terry



Remember your parish Church in your will.

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|-------------------------|-------------------|-----------------|-------------|
| Weekend: July 11 | | 2010 UCA | |
| Adult: | 2,777.50 | Goal | \$26,053.00 |
| Plate: | 328.02 | Received | \$10,539.34 |
| Youth: | 5.00 | | |
| Total: | \$3,110.52 | | |

SPECIAL COLLECTIONS:
 This Week: Pledge/Air Conditioning
 Next Week: None



MASS SCHEDULE

Weekday Masses July 19 - July 23

| | | |
|--------|----------------------------|-------------------|
| Mon. | 8a | No Morning Mass |
| Tues. | 8a St Apollinaris | †John P Schmidt |
| Wed. | 8a St Lawrence of Brindisi | †Donald P Higgins |
| Thurs. | 8a ST MARY MAGDALENE | †Leon Harwood |
| Fri. | 8a St Bridget of Sweden | †Mario Schinigo |

Ministry Schedules July 24 & 25

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|-----|-----|-----------------------|--|
| Sat | 5p | THE LORD'S DAY | †GRATTO & BOYLAN FAMILY |
| | | LECT | Joanne Connor |
| | | EUCH | Mary Palusky |
| | | USH | Jerry Fabeck, Don Gimpel, Web Hansen, Winfred Leopold |
| Sun | 8a | THE LORD'S DAY | ALL PARISHIONERS |
| | | LECT | John Walczynski, Jake Walczynski |
| | | EUCH | Ginny Nelson, Jeff Nelson |
| | | SERV | Paul Michalski, Andrew McDonell |
| | | USH | Fred Pass, Greg Donovan, Kathy Donovan |
| Sun | 10a | THE LORD'S DAY | †PAUL & NORA WITZMAN, SR |
| | | LECT | Desi Taylor, Marianna Vincent |
| | | EUCH | Kyle Limoseth, Irene Williams |
| | | SERV | Ashlie DeYoung, Annmari Washechek |
| | | USH | Jeanine VanNispen, Mark Wittkop, Steve Maniak |
| | | GREET | Kathy Limoseth |

71ST ANNUAL TEKAKWITHA CONFERENCE

July 28 - August 1 in Albuquerque, NM

For more information email: [Tekakwitha Conference national Center tekconf@gmail.com](mailto:Tekakwitha_Conference_national_Center_tekconf@gmail.com) or Sr. Marie Rose Messingschlager, CDP at [he Pastoral Center 724-9111 or mmessingschlager@dioceseduluth.org](mailto:he_Pastoral_Center_724-9111_or_mmessingschlager@dioceseduluth.org)

Summer Quotes

A single sunbeam is enough to drive away many shadows.

—St Francis of Assisi



WELCOME NEW PARISHIONERS

We extend a warm welcome to those of you who are visiting, or are looking to join our parish. Please feel welcome to sign up as new parishioners, or update your registration. You may call the office for information about signing up. Thank you

FREE ministry to traveling Catholics. For nationwide Mass times and locations: Call Mass Times at (1-410-676-6000) or www.Masstimes.org

Sunday Night Mass in Duluth at St. Michael's 6:00 PM
Year round - 4901 E Superior Street

THIS WEEK AHEAD

July 18 to July 25

| | |
|------------------|-----------------------------|
| Monday | Prayer Group 7:00pm |
| Wednesday | Youth Group 7-9:00pm |
| Saturday | Confessions 4:00pm |

SUNDAY COFFEE AFTER 10AM MASS

There will be coffee on the 2nd Sunday of each month during the summer:
August 8 & September 12

Friars 19th Annual Golf Scramble, will be held on Wed., July 21st at the Proctor Golf Course, rain or shine. Registration is from 12:00 to 12:30pm. With participation opened to members & guests, including ladies, we urge you to make plans to be a part of this popular activity. Contact: Don Cich at 722-5061 for reservations and details. Prizes & lunch will follow.

FALL FESTIVAL 2010

Thanks to all who have been taking tags off the peg board. Please continue to do so. Also we are in need of items for the White Elephant, books (no school books), items for the craft boutique. Also we are looking for several things that can be raffled off on the small raffle table. We appreciate all the help we have been getting from the parish members.

The Duluth Area Catholic School System is accepting applications for a part-time Marketing/Communications Coordinator who will provide professional leadership to the system and its five campuses. Major responsibilities include:

- ◆ Cultivating support of the school system among various constituencies, such as clergy, parishioners, parents, staff and the larger community;
- ◆ Coordinating a variety of marketing/communication activities; and
- ◆ Coordinating the development and maintenance of current and emerging Web-based communication methods.

All interested applicants please contact Shawna Hansen at (218) 724-9111 or shansen@dioceseduluth.org.



Don't forget to pick up your July copy of The Hillsider, a community building, non-profit newspaper bringing diverse business and neighbors together in the East Hillside, Central Hillside, Lincoln Park and surrounding areas.

**Super One-Plaza, Miller Hill, Kenwood
Cub Perkins Burger King MCCU
Whole Foods Co-op 4th Street Market
Neighborhood restaurant, sundries and gas stations
Holiday Center and many, many other places**

The Holy Family Comment/Idea Box is now located on a table in the Narthex.

The pamphlet rack next to the exit doors contains various brochures with information on services available in our community. Help yourself.

The Holy Innocents Perpetual Eucharistic Adoration Chapel is available for private prayer 24 hours a day at St. Mary Star of the Sea, 325 E 3rd St (4th Ave E Entrance). For more information, call 724-7713.

 Sister Marie Therese Poliquin, OSB of St. Scholastica Monastery will be an advocate through her prayers and sufferings for Holy Family Parish during 2009-2010 

Youth Group News

Youth Group
Wednesday, July 21 from 7-9pm



Position Open! – Bookkeeper

This part-time position will serve Brainerd Area Catholic Churches and St. Francis of the Lakes Catholic School. Work hours are 12:30pm-4:30pm Mon.-Fri. Responsibilities include accounting/bookkeeping, record keeping, data entry, and providing other assistance to the Business Manager. Requirements: 2-year accounting degree. Must have excellent accounting/bookkeeping, computer, organizational, record keeping, as well as oral and written communication skills. Please send a cover letter and resume to: Brainerd Area Catholic Churches, Attn: Ellen Cherne, 1108 Willow St., Brainerd, MN 56401, fax to (218) 829-1340, or email to etcherne@lakescatholic.org.

Position Open! - Director of Development & Administration

This full-time position will serve Brainerd and Baxter Area Catholic Churches and St. Francis of the Lakes Catholic School. Responsibilities include developing, implementing, and managing fundraising programs, overseeing financial and accounting functions, and providing administrative assistance to the pastor. Requirements: education and/or experience in fundraising, grant research and writing, accounting, financial analysis, budgeting & reporting, project management, human resources, and administration. The candidate must have excellent organization, oral and written communication, and computer skills. Cover letters and resumes will be accepted until 4:30 p.m. on July 23rd, 2010. Please send these to: Brainerd Area Catholic Churches, Attn: Fr. Tony Wroblewski, 1108 Willow St., Brainerd, MN 56401, fax to (218) 829-1340, or email to etcherne@lakescatholic.org.




VOLUNTEERING AT THE UNION GOSPEL MISSION

There are so many ways in which people can volunteer here at UGM. There are meals to serve, mailing to help with, food prep and hygiene items to stock, collecting things for us like food and hygiene. This is a wonderful time to do your part and enjoy making a difference in someone's life. All you need to do is walk in the front door and say that you are here to volunteer. We are open seven days a week and we enjoy meeting new people and appreciate any extra help we can get.

CHRIST THE KING RETREAT CENTER

A special silent retreat for men and women will be held at Christ the King Retreat Center in Buffalo, Minnesota July 23-25, 2010. The retreat begins on Friday, July 23 at 7:00pm and concludes on Sunday, July 25 at 12:45pm. The retreat will be conducted Fr. Matthew Linn, SJ. The theme of the retreat is: "How to Deal with a Prickly Porcupine". This retreat will focus on dealing with difficult people in our lives. Members of this parish are cordially invited to a beautiful, inexpensive, lakeside weekend of wonderful relaxation and spiritual rejuvenation. Please call (763) 682-1394 for a registration form and more information. Website: www.kingshouse.com

 We extend our sympathy to the families & friends of **Leon Harwood, grandson of Lucy Fabeck, Gail DeDominces, Jeffrey Seguin, son of Leona & Deacon Roger Birkland.** May they rest in peace.